

MUSH-BOOM

GROWING KIT INSTRUCTIONS



YOU WILL NEED...

- A spray bottle for watering.
- A small knife to trim the stems once harvested (children will require adult support).

These kits are ready to use. We recommend not leaving the kit for too long before starting the growing process to ensure the best possible growth outcome.

STEP 1: CHECK YOUR BOX

Check you have 2 bags in the box:

- Small bag with peat
- Large bag with compost & spawn

STEP 2: PREPARE FOR GROWING

Remove small bag from carton and set aside.

Open large bag folding over outer carton.

Empty contents from the small bag onto the top of the larger bag and spread evenly to form a 5cm layer.

STEP 3: OPTIMAL GROWING CONDITIONS

Optimal growing temperature is between 18-23 degrees. Mushrooms thrive in a humid environment.

Note: Dry conditions, direct heat or draft will cause mushrooms to dry out. This can be controlled by storing this kit in a cupboard or wardrobe!

STEP 4: WHEN TO WATER

Week 1 - Using your spray bottle, water mushrooms every 1-2 days (approximately 1 cup of water). The peat casing layer needs to be kept moist, not soaked.

STEP 5: WEEK 1-2

Within 7-10 days, you'll see the mycelium growing underneath the casing. Mycelium will look like a white coloured web (it's not mould). The mushrooms fruit from this web and soon you will see tiny pin heads. These are mushrooms starting to grow.

Keep watering as the mushrooms begin to grow spraying the soil, not the mushroom cap.

Why? Spraying the caps may cause watermark blemishes on the mushrooms. It won't change the taste, you can still eat them.

STEP 6: WEEK 2

Week 2 (approx. 14-15 days), you'll start to see baby mushrooms growing through the peat. Leave these to grow to a good cup size before harvesting.

STEP 7: HARVESTING

When mushrooms have grown to a good cup size of around 40-50mm you can begin to harvest.

Fact: *Mushrooms double in size overnight. The longer you leave them on the bed, the larger the mushroom you'll harvest.*

Place your thumb and pointer finger around the top of the mushroom cap. Slowly TWIST, then PULL to harvest the mushroom. Trim the stalk using a knife to remove the peat on the end of the mushrooms.

Keep harvesting mushrooms, watering around the mushroom, away from caps.

Clean off any dry mushrooms off the mini bed to make room for stronger healthier mushrooms to grow through.

STEP 8:

Repeat the watering and harvesting step until there are no more mushrooms growing. Harvesting can last 2-3 weeks off these beds providing they have had the right environment to grow. Keep harvesting until there are no more!

MUSH-BOOM JARGON MADE EASY...

COMPOST

Our own special blend of wheat straw and other natural ingredients combined to supply essential nutrients for mushrooms to feed off and grow.

MYCELIUM

Is the first stage of the mushroom growing process. Mycelium forms a white coloured web similar to an underground network. From this, mushrooms fruit & grow.

SPAWN

Mushroom seed.

MUSHROOM SIZING

BUTTON, CUP OR FLAT MUSHROOM

These are the same mushrooms only harvested at different times.

- Button – first stage of growth (small)
- Cup – second stage of growth (medium)
- Flat – final stage of growth with gills exposed (large)

KIT DISPOSAL

Mushrooms are a good news story. Grown using natural agricultural biproduct, all the ingredients can be returned to the earth, with a little added goodness.

We care about the environment. Here are ways to dispose of this kit when your done!



BOX

Made from 100% recycle board – flatten and place in your recycle bin.



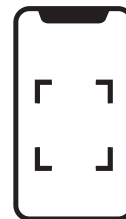
COMPOST & PEAT

Add some nutrients to you home veggie patch or garden to continue growing healthy veggies at home.



BAGS

Visit Redcycle at www.redcycle.net.au/ where-to-redcycle to find your nearest bin location.



scan the QR code
with your smartphone
camera to unleash

THE BOOM!



FOR MORE INFORMATION VISIT

MUSHBOOM.COM.AU

Here you'll find FAQ's
and delicious recipes with
Mush-Boom mushrooms.

Expertly hand-crafted by

costa

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